

Ministry of Health
Kuwait Institute for Medical Specialization

Dermatology Residency Training Program

Examination Format
And
General Guidelines

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**This Booklet Concerns the Residents Enrolled in
Dermatology Residency Training Program**

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Dermatology Residency Training Program

Examination Format and General Guidelines:

Introduction:

The Dermatology Residency Training Program, which is supervised by Kuwait Institute for Medical Specialization (KIMS) is committed to provide the highest level of clinical training, education and research for the development of future dermatologist. We accept candidates with outstanding qualifications to join the Dermatology Residency Training Program.

Residents are advised to read the policies and guidelines contained in this booklet.

Mission Statement:

The division of Dermatology's Mission is the provision of high quality health care in an environment of academic and research excellence.

We also recognize our responsibility to work cooperatively with all elements of the health care system to improve the overall health care of our community, and will cooperate with overall goals and mission of the (KIMS), Ministry of Health and its affiliated teaching hospitals.

Goal:

The primary aim of the Residency Program in the Faculty of Dermatology is to educate and train residents who would acquire requisite knowledge, skills and attitude to enable them to practice competently and ethically as Specialists in Dermatology .The Residents will work in a learning environment that is conducive to inculcate skills of problem solving, practice of evidence based medicine, and self learning to facilitate continuing professional development . The Residents shall also recognize the significance of applied basic sciences relevant to the practice in the specialty of Dermatology and exhibit critical knowledge and skills to enable them to conduct fundamental and applied research aimed at advancing knowledge in the specialty of Dermatology .

Upon completion of the program the candidate should possess sound and solid knowledge of principles of dermatology and the technical skills necessary for practice. He/She should be able to diagnose, assess and safely manage Dermatology and STD patients independently.

Objectives

General Objectives:

The objective of this Dermatology Residency Training program is to provide the community with skilled dermatologists who have achieved a high level of competency in diagnosing and managing various skin disease, sexually transmitted infections, and skin manifestations of systemic disease. Even though all maladies should be recognized, it is very important that common things be stressed. Most of this training is to be accomplished at the numerous clinics at all affiliated Hospitals and in the performance of consultations .It is important for residents to be able to interpret laboratory data; also they should be exposed to laboratory environment, where this is possible.

Specific Objectives

Educational:

Cognitive

1. The trainee should possess essential knowledge about the pathophysiology, clinical presentation of disorders of the skin and STD.
2. He/She should be able to maintain a high level of knowledge in his subject through CME practice.
3. He/She should stay in contact with all the scientific and academic activities related to his subject in the local areas and internationally.

The trainee should demonstrate:

1. **Knowledge (Basic and Clinical):** A sound grasp of facts ,theories and concepts of clinical ,histopathology and basic science dermatology and the ability to apply this knowledge to the assessment and care of patients.
2. **Clinical Skills:** The resident should be at least good in
 - a) **Data Gathering:** History taking and examination
 - b) **Clinical Judgment and Decision making:** (1.Establish a logical differential diagnosis and appropriate plan of further investigation and/or treatment. 2. The ability to make decisions in a timely fashion depending upon the urgency of the circumstance. 3. The ability to effectively and efficiently establish a program of investigation and management adapted to the patient's condition, recognizing the limits of his/her own ability, the hazards of the therapy, and the need to modify therapy when indicated).

- c) **Choice and Use of Investigations:** The ability to choose appropriate laboratory procedures that elucidate or confirm the diagnoses.
- d) **Emergency Situations:** The ability to recognize and act efficiently and effectively in emergency situations, establish priorities promptly, make appropriate decision, organize and delegate tasks to others, seek advice and assistance when necessary and act, if necessary in the absence of a confirmed diagnosis.
- e) **Use of Consultants:** The ability to assess the need for consultation with other practitioners for patient care and the ability to inform the consultant on how he/she came to this decision and outline all pertinent information.
- f) **Communications Skills:** The ability to communicate effectively with colleagues and other health care workers who are jointly involved in the care of a patient ,and an appreciation of his/her obligation to do so.
- g) **Records and Reports:** 1) The ability to maintain records that accurately reflect the pertinent clinical data, investigation and treatment. 2) The Ability to perform basic medical procedures with reasonable dexterity. 3) An understanding of the indications for, and the risks and benefits of, the procedure, the proper selection of appropriate instruments and materials, the principles of aseptic technique. 4) The ability to provide comfort and support to the patient. 5) An understanding of the principles of informed patient consent.

3. Attitudes:

1. By the end of the Residency Program the trainee must be well prepared to keep ethical attitudes towards his patients and associates.
2. He/She should have developed methods of good communication and learned how to behave with compassion with his patients and stay no judgmental.

4. Services:

1. By the end of the training program the trainee should be capable of providing medical service by methods of the best practice of health provision.
2. He/She should be capable of managing any facility he is entrusted with.

5. Research:

1. By the end of the training the trainee is encourage and trained to achieve certain level of expertise in research methodology and become interested and also capable in carrying out research on his own.
2. He/She should seek to use research as a tool in solving medical problems in the community.

Admission Requirements:

To be accepted in the Dermatology Residency Training Program, the applicant has to fulfill the following requirements:

1. Hold a bachelor medical degree from a recognized University.
2. Successful completion of his/her internship completion
3. Pass the admission examination and an interview.
4. Provide three Recommendation Letters from physicians confirming the suitability of the candidate for postgraduate training in Dermatology.
5. Registration at the Kuwait Institute of Medical Specialization (KIMS).

Program Training Centers:

1. As'ad Al Hamad Dermatology Center, Al Sabah Hospital
2. Dermatology Department in Al Amiri Hospital
3. Dermatology Department in Farwaniya Hospital
4. Dermatology Department in Al Adan Hospital
5. Dermatology Department in Al Mubarak Hospital
6. Dermatology Department in Al Jahra Hospital.

Duration of Program:

This is a five year Training program in Dermatology and related specialties. First year will be in rotations in Medicine, Pediatric, and Elective (Plastic surgery, Infection disease, and other related allied branches). From second to fifth year will include extensive training in General Dermatology as well as Dermatosurgery, Photobiology, Evidence based Dermatology, Laser, Dermatopathology, Mycology, research and Venereology.

Program Structure:

At the beginning of the training program each resident will receive information on the objectives of the training program, the method of the training and the procedures adopted in supervision and evaluation.

During the period of the training, each resident will be assigned to a teaching staff supervisor who will provide guidance and support in all issues regarding the program.

The program comprises five academic years, which are divided as below:

PGY 1:

The candidate will do one year rotation as follows:

| | |
|--------------------|----------|
| Internal Medicine | 3 Months |
| Pediatrics | 2 Months |
| Emergency | 1 Month |
| Rheumatology | 1 Month |
| Plastic Surgery | 1 Month |
| Infectious Disease | 1 Month |
| Family Medicine | 1 Month |
| Genetics | 1 month |
| Oncology (KCCC) | 1 month |

A minimum of 6 courses of basic science relevant to Dermatology will be conducted by external faculty staff each year. They will be scheduled as morning and afternoon lectures. Each course will last one week and will be done every two months and will cover the following topics:

- a) Embryology, Biochemistry, Physiology and Histology of the skin and mucous membrane.
- b) Basic immunology as related to skin diseases.
- c) Basic pharmacology as related to skin diseases therapy.

PGY 2:

12 Months General Dermatology.

The Candidate should participate actively in education by preparing talks, journal clubs and seminars of the basic science as Academic day (lectures) relevant to Dermatology.

PGY 3:

| | |
|---------------------------------|----------|
| Pediatrics Dermatology | 4 Months |
| General Dermatology | 4 months |
| Dermatopathology | 2 Months |
| Dermatological Surgery | 1 Month |
| Phototherapy & Corrective Laser | 1 Month |

PGY 4:

| | |
|------------------------|----------|
| General Dermatology | 6 months |
| Medical Dermatology | 3 Months |
| Dermatological Surgery | 1 Month |
| Laser | 1 Month |
| Phototherapy | 1 Month |

PGY 5:

| | |
|-------------------------|----------|
| Chief Resident Position | |
| Dermatological Surgery | 1 Month |
| Dermatopathology | 2 Months |
| General Dermatology | 9 Months |

Training from PGY2 to PGY5 will take place in outpatients Dermatology clinics and inpatient areas under the supervision of clinical tutors.

During the sup-specialist Dermatological rotation, the candidate will do two days clinic in General Dermatology.

(All residents enrolled in KBD are encouraged to attend at least two international conferences such as AAD, EADV etc., for scientific update exposure in Dermatology)

Part 1 Examination:

A written examination will be taken by the end of the third year (R3) of the Residency Training Program. The examination will be held in September of every year in accordance with other KIMS programs. The Examination contents of two components:

- 1) Written Component
- 2) Oral component
 - 1) **Written Component:** It contains of two parts and each part contains approximately from 80 to 100 Short Answer Questions (SAQ)
 - 2) **Oral Component (OSCE):** The oral component consists of a series of different stations. There will be between 10-12 stations,

Total pass marks are 60%

Total number of attempts allowed for part 1 Examination is 3.

Note: From 2015 onwards Part 1 examination contents only written component.

The residents who successfully complete Part 1 Examination will be eligible for promotion to a Registrar level.

Final Part Examination:

The residents become eligible for the Final part Examination if she/he satisfies the following:

- A) Has successfully completed Final In-Training Evaluation Report (FITER), signed by the Program Director
- B) Has completed successfully the rotations in all aspects of Dermatology and it's Specialties
- C) Has passed Part-1 examination.

The Examination will be held in September of every year in accordance with other KIMS programs. The Examination contents of two components:

- 1) Written Component
- 2) Oral component (OSCE)

- 1) **Written Component:** It contains of two parts and each parts contains from 80 to 100 of Short Answer Questions (SAQ)
- 2) **Oral component (OSCE):** This oral exam covers differential diagnosis of skin disorders and their managements, Mycology, Electro- microscopy, Dermatopathology slides, Dermatologic surgery and Basic science.

Total Pass Marks are 70%.

Total number of attempts allowed for Final Part Examination is 3

All residents who are eligible for the Final Part Examination will do both the Written and OSCE Components.

Certification:

Trainees who have satisfactorily completed the rotation program and have passed the Final Part Examination will be eligible to receive the certificate of Kuwaiti Board in Dermatology by Faculty of Dermatology, (KBD), KIMS which grants them the privileges of Specialists in Dermatology.